

Red Flag Questionnaire

Name: _____ Date: _____ Age: _____

Please check the appropriate response. If "yes", please explain. If you are not sure, check the "?" box.

No Yes ?

Do you have a past history of cancer?

Have you had any unexplained weight loss?

Does your pain improve with rest?

Are you over 50 years old?

Failure to respond to a course of conservative care (4-6 weeks)/?

Have you had spinal pain greater than 4 weeks?

No Yes ?

Prolonged use of corticosteroids (such as organ transplant Rx)?

Intravenous drug use?

Current or recent urinary tract, respiratory tract, or other infection?

Immunosuppression medication &/or condition?

No Yes ?

History of significant trauma?

Minor trauma in person >50 years old?

Do you have osteoporosis (weak bones)?

Are you over 70 years old?

Any history of prolonged use of corticosteroids?

No Yes ?

Acute onset urinary retention or overflow incontinence (wet underwear)?

Loss of anal sphincter tone or fecal incontinence (bowel accidents)?

Saddle anesthesia (numbness in the groin region)?

Global or progressive muscle weakness in the legs (legs give out)?

Comments: _____

TO BE COMPLETED BY THE DOCTOR

Red Flags: AHCPR, (Bigos, 1994)

Check-off List

CANCER

- History of cancer
- Unexplained weight loss
- Pain not improved with rest
- Age > 50
- Failure to respond to a course of conservative care (4weeks)
- LBP > 4 weeks

INFECTION

- Prolonged use of corticosteroids (such as organ transplant Rx)
- Intravenous drug use
- Urinary tract, respiratory tract or other infection
- Immunosuppression medication &/or condition

SPINAL FRACTURE

- History of significant trauma
- Minor trauma in person > 50 years old or osteoporotic
- Age > 70 years old
- Prolonged use of corticosteroids

CAUDA EQUINA

- Acute onset urinary retention or overflow incontinence
- Loss of anal sphincter tone or fecal incontinence
- Saddle anesthesia
- Global or progressive motor weakness in lower limbs